News From the Nest

This week at school we learned all about dental health and how to properly take care of our teeth. Each day during circle, we read stories, sang songs, and talked about different ways to keep our teeth healthy.

To start our week off, on Monday, Miss Chelsea, a dental hygienist, came into our classroom to teach us a few things about how to keep our teeth nice and clean (and also how to keep those sugarbugs away). Miss Chelsea read us a story about sugarbugs and we learned that if you brush your teeth twice a day and floss, those sugarbugs don't stand a chance! We also learned that while brushing our teeth we should sing the song, "Happy Birthday" two times in our head to make sure that we've brushed for long enough.

It was also another special day on Wednesday when celebrated Charlotte the dog's birthday! Miss Ilia came in during our free center time and we sang to Charlotte! We even checked her teeth (with the help of Miss Ilia) to see if she brushed, too!

Some of the stories we read this week included: <u>Llama Llama Loose</u>
<u>Tooth Drama</u>, <u>The Tooth Book</u>, <u>Tooth Trouble</u>, <u>The Big Tooth Mystery</u>,
and <u>Clark the Shark Tooth Trouble</u>.

With the mild, winter temperatures, we were able to get outside a few days during the week and enjoyed the playground!

Next week we will be talking about love, friendships, and of course, Valentine's Day! Our letter of the week will be "M". When it is your child's show & share day, please have them bring in something that begins with this letter.

Upcoming Events

Friday, February 16th NO AFTER SCHOOL

Monday, February 19th Presidents Day Holiday NO SCHOOL

Community Helpers Month
All of March

What We're Learning

















Reminders

Going forward, please make sure your child has all their winter gear necessary to go outside each day they are at school. Please make sure all items are clearly labeled.

